

## Activity Calendar August 2018

81 Forrest St, Cnr Railway Street, Cottesloe  
Telephone: 08 9253 5555  
Email: [reception@shinecs.com.au](mailto:reception@shinecs.com.au)  
Book online: [www.shinecs.com.au](http://www.shinecs.com.au)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 All Day Reablement Centre In 1:00pm Chess & Scrabble pm Cafe Connoisseurs	2 am Shopper Bus, Mosman Park All Day Reablement Centre Outing- Aged Care Games, Belmont 9:45am Exercise Class	3 All Day Reablement Centre In 9:30am Chair Exercises All Day Leisure Bus Outing- Cape Lavender, Swan Valley	4	5
6 All Day Reablement Centre and Leisure Bus Outing –Wireless Hill and Terrazza, Applecross 1:30pm Art Class	7 am Shopper Bus, Cottesloe 9:30am Exercise Class 1:00pm Canasta pm Shopper Bus, Claremont	8 All Day Reablement Centre In 9:40am-12.20pm Podiatry Half Day 1:00pm Chess & Scrabble pm Cafe Connoisseurs	9 am Shopper Bus, Mosman Park All Day Reablement Centre In 9:45am Exercise Class 1:00pm Book Club	10 am Shopper Bus, Floreat All Day Reablement Centre In 9:30am Chair Exercises	11	12
13 All Day Reablement Centre In 1:30pm Art Class	14 am Shopper Bus, Cottesloe 9:30am Exercise Class 1:00pm Canasta pm Shopper Bus, Claremont	15 All Day Reablement Centre In 9:40am-12.20pm Podiatry Half Day 1:00pm Chess & Scrabble pm Cafe Connoisseurs	16 am Shopper Bus, Mosman Park All Day Reablement Centre In 9:45am Exercise Class	17 All Day Reablement Centre and Leisure Bus Outing- Lo Zucchero, City Beach 9:30am Chair Exercises	18	19
20 All Day Reablement Centre In 1:30pm Art Class All Day Leisure Bus Outing – John Cole's Nursery and the Quarie Brasserie, Success	21 am Shopper Bus, Cottesloe 9:30am Exercise Class noon Monthly Luncheon- Tony Allan 1:00pm Canasta pm Shopper Bus, Claremont	22 All Day Reablement Centre Outing- Jandakot Airport 9:40am-12.20pm Podiatry Half Day 1:00pm Chess & Scrabble pm Cafe Connoisseurs	23 am Shopper Bus, Mosman Park All Day Reablement Centre In 9:45am Exercise Class 1:00pm Book Club	24 am Shopper Bus, Floreat All Day Reablement Centre In 9:30am Chair Exercises	25 All Day Mystery Outing	26
27 All Day Reablement Centre In 1:30pm Art Class	28 am Shopper Bus, Cottesloe 9:30am Exercise Class 1:00pm Canasta pm Shopper Bus, Claremont	29 All Day Reablement Centre In 9:40am-12.20pm Podiatry Half Day 1:00pm Chess & Scrabble pm Cafe Connoisseurs	30 am Shopper Bus, Mosman Park All Day Reablement Centre Outing- Avocado's Café, Kelmscott 9:45am Exercise Class	31 All Day Reablement Centre In 9:30am Chair Exercises All Day Leisure Bus Outing- UWA Lunchtime Concert and Zamia Café, Kings Park		